



CITY OF HARRISONBURG  
**PARKS  
& REC**

# SUMMER 2026 PROGRAMS

**JUNE - AUGUST**



**Swim For Sadie - 6**

**Outdoor Adventure - 15**

**Football - 19**

**Senior Fishing Day - 26**

## **Program Registration**

[www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities)  
or in person at any Recreation Center

### OUR MISSION

To enhance the quality of life and meet the needs of the community by providing comprehensive leisure service opportunities and to develop and maintain a safe system of open spaces and public facilities for the use and enjoyment by the public.

### OUR VISION

The Harrisonburg Parks and Recreation Department will be a leading resource for creating positive leisure, recreational, and cultural experiences. We will offer a variety of quality programs, parks, and facilities for people of all ages, ethnicities, and abilities. Our department will lead the way in implementing innovative actions and policies related to environmental awareness, connectivity, and recreation.

### PARKS AND RECREATION ADVISORY COMMISSION

MuAwia DaMes  
 Chance Ebersold  
 Matt Snyder  
 Kevin Gibson  
 Deanna Reed, City Mayor  
 Rachel Smallwood  
 Dr. Leonard A. Van Wyk  
 Aaron Hewitt



### How to Reach Us!

#### EMAIL

[ParksandRecreation@HarrisonburgVA.gov](mailto:ParksandRecreation@HarrisonburgVA.gov)

#### WEBSITE

[www.HarrisonburgVA.gov/Parks-Recreation](http://www.HarrisonburgVA.gov/Parks-Recreation)

#### FACEBOOK

@HarrisonburgParksandRecreation

#### INSTAGRAM

@HarrisonburgParks

#### X

@HburgParks

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## Directory

Athletics	540-433-9168
Community Activities Center	540-433-2474
Heritage Oaks Golf Course	540-442-6502
Lucy F. Simms Center	540-437-9213
Price Rotary Senior Center	540-432-7799
Park Administration	540-438-1644
Westover Swimming Pool	540-434-0571

## Facility Memberships

Memberships run January 1-December 31 (half-price membership available July 1-December 31)  
 Membership gives you access to Community Activities Center, Lucy F. Simms Center, and Westover Pool.

- Adults: \$60 Resident / \$120 Non-Resident
- Youth (12 - 17): \$30 Resident / \$60 Non-Resident
- Seniors (50+): \$30 Resident / \$60 Non-Resident
- Family: \$150 Resident / \$300 Non-Resident
- Daily Rate (Adult): \$3.00 Resident/ \$6.00 Non-Resident
- Daily Rate (Youth): \$2.00 Resident/ \$4.00 Non-Resident

• Guests and new members must verify ID and provide a current address.

\*\*Prices are subject to review annually

# RECREATION CENTERS

## LUCY F. SIMMS CENTER (SIMMS)

### Hours

Monday - Friday 7:00am - 9:00pm  
Saturday - 9:00am - 5:00pm

HarrisonburgVA.Gov/Simms-Center



 620 Simms Ave

## COMMUNITY ACTIVITIES CENTER (CAC)

### Hours

Monday - Friday 6:00am - 9:00pm  
Saturday - 9:00am - 5:00pm

HarrisonburgVA.Gov/Community-Activities-Center



 305 S Dogwood Drive

## WESTOVER POOL

### Recreation Swim

May 23 - May 25

Saturday - Monday | 12:00pm - 7:00pm

May 30 - 31

Saturday - Sunday | 12:00pm - 7:00pm

Beginning June 6, 12:00pm - 7:00pm daily

### Lap Swim Hours

May 23 - May 25

Saturday - Monday | 12:00pm - 7:00pm

May 30 - 31

Saturday - Sunday | 12:00pm - 7:00pm

June 1 - 5

Monday - Friday | 6:00am - 5:00pm

Beginning June 6

Monday - Friday | 6:00am - 6:00pm

Saturday - Sunday | 12:00pm - 7:00pm



 305 S Dogwood Drive

HarrisonburgVA.Gov/swimming-pool

## PRICE ROTARY SENIOR CENTER

### Hours

Open during scheduled programs



 309 S Dogwood Drive



CITY OF HARRISONBURG  
**PARKS  
& REC**

## SUMMER 2026

### FITNESS

Harrisonburg Parks and Recreation presents you with a wealth of fitness opportunities!

Check out what is new!

## OUR SUMMER OPPORTUNITIES

### Fitness

Enhance your fitness routine with yoga or learn how to use the machines in the weight room!

### Adult Dance

Dancing is a great way to keep active! Join our adult ballet or tap class!



## Fitness Registration & Information:

Registration must take place online at [www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities) or in-person at any recreation center. If you have questions please call 540-433-2474.

**City Resident Registration April 27 | Non Resident Registration May 11**

# FITNESS & NUTRITION

## FITNESS

### Parks and Rec Month Free Fitness Classes

This July we will be offering several free fitness classes. Join us from 5:30pm-6:30pm at the Community Activities Center.

**Location: Community Activities Center or Simms Center**  
**Free (Registration Required) | Ages 18+**

#221402A1 | M | Jul 6 | 5:30pm - 6:30pm | Fitness Fusion

#221402A2 | M | Jul 13 | 5:30pm - 6:30pm | Fitness Fusion

#221402A3 | M | Jul 20 | 5:30pm - 6:30pm | Yoga

#221402A4 | Tu | Jul 21 | 5:30pm - 6:30pm | Kung Fu

### Yoga Flow

Instructor: Karen Myers

This class begins with centering and stretching then flows through sun salutations, standing strength, and balance poses ending with relaxation. This class is designed to increase your breath flow, build strength and balance in the body and mind, as well as enhancing flexibility and range of motion.

**Location: Community Activities Center Fitness Studio**

**City Res \$30 | Non Res \$35 | Ages 18+**

#221427A1 | W | Jun 3 - Jul 15 | 5:30pm - 6:30pm

#221427A2 | W | Jul 22 - Aug 26 | 5:30pm - 6:30pm

### How To: Fitness Equipment

Join Cory Jeffries for a session on how to use the pieces of equipment in our fitness centers. Each participant will leave with a sample workout schedule that they can use.

Email [Cory.Jeffries@HarrisonburgVA.Gov](mailto:Cory.Jeffries@HarrisonburgVA.Gov) to sign up

**Location: Community Activities Center or Simms Center**

**Free (Registration Required) | Ages 14+**

## DANCE FOR FITNESS

### Adult Ballet for Fun & Exercise

This class teaches classical and contemporary ballet technique. Barre work incorporates learning and mastering ballet alignment, core strength, muscle strength and stamina, and flexibility. Exercises are built upon in center floor work, incorporating coordination and musicality. As students progress, moving combinations include turns and jumps across the floor as well as increasing coordination between arms and legs and eventually head positions. This class builds upon concepts and techniques studied in the beginning class and allows for a range of abilities to develop. This is a great class for dancers wishing to experience the joy of dance.

**Location: Community Activities Center Dance Studio**

**City Res \$25 | Non Res \$30**

#220316A1 | Ages 18+ | M | Jun 1 - Jun 22 | 6:30pm - 7:15pm

### Adult Tap for Fun & Exercise

This class is a great way to develop rhythm, coordination and muscle control. Classes involve detailed footwork and articulation of sound focusing on the basics of tap. This class has high energy and is a great tool for self-expression. It's great for exercise and fun!

**Location: Community Activities Center Dance Studio**

**City Res \$25 | Non Res \$30**

#220316A1 | Ages 18+ | M | Jun 1 - Jun 22 | 7:15pm - 8:00pm



SWIM FOR SADIE



GIVING KIDS THE GIFT OF SWIMMING

# SWIM FOR SADIE

## FREE SWIM LESSONS KINDERGARTEN - GRADE 2

Swim for Sadie is a new swim lesson program for students in grades K - 2. These lessons are completely free of charge: The program is funded by the Swim for Sadie Memorial Fund, created in honor of Sadie Cate Deeble.

This program is open to kids who are...

- Enrolled in Harrisonburg City Public Schools
- Rising kindergarteners, 1st graders, or 2nd graders

Morning swim lessons will be Monday - Thursday for two weeks. Evening swim lessons will be Mondays and Wednesdays for four weeks.

Information about swim lesson levels (1, 2, and 3) and session dates is located on the following pages.

## REGISTER AT OUR KICK-OFF EVENT

Registration will take place **in-person** at our Swim for Sadie kick-off event. For this first year of the program, registration will **highly prioritize families with current 2nd graders** as this is the only opportunity current 2nd graders will have to participate before becoming ineligible (upon entering 3rd grade). Other than prioritizing families with 2nd graders, registration will be on a first come, first served basis. Eligible participants can register for 1 Swim for Sadie session per season.

 Friday, May 29, 2026

 5:00pm - 8:00pm

 Westover Pool (305 S. Dogwood Drive)

*After in-person registration at our Swim for Sadie kick-off event, any remaining spots will be opened for online registration through WebTrac:*

 [Webtrac.HarrisonburgVA.gov/WebTrac/Web/Splash.html](http://Webtrac.HarrisonburgVA.gov/WebTrac/Web/Splash.html)

*Please note: Signing up for a swim level that does not closely match your child's skill set could result in removal from the class. Our goal is to ensure that the learning environment is as safe as possible for all students, and that our swim instructors can deliver the most effective lessons.*



# SWIM LEVELS & SESSIONS

## 1

**Level 1** is for non-swimming kids who will work toward mastering fundamental water safety, floating, moving in chest-deep water, and basic swimming.

If your child is ready for Level 1, they would exhibit the following skills:

- Enters the water
- Blows bubbles (mouth in the water)
- Swims forward, face down (1-2 body lengths)
- Has little-to-no arm or leg movements in the water
- Or, none of the above

Activity Number	Days	Dates	Times
#211111A1	M - Th	June 15 - June 25	11:15am - 11:45am
#211111B1	M - Th	June 29 - July 9	10:30am - 11:00am
#211111C1	M - Th	July 13 - July 23	10:30am - 11:00am
#211111D1	M - Th	July 27 - Aug. 6	11:15am - 11:45am
#211111E1	M, W	June 15 - July 8	5:00pm - 5:30pm
#211111E2	M, W	June 15 - July 8	5:00pm - 5:30pm
#211111E3	M, W	June 15 - July 8	5:45pm - 6:15pm
#211111E4	M, W	June 15 - July 8	5:45pm - 6:15pm
#211111E5	M, W	June 15 - July 8	6:30pm - 7:00pm
#211111F1	M, W	July 13 - Aug. 5	5:00pm - 5:30pm
#211111F2	M, W	July 13 - Aug. 5	5:00pm - 5:30pm
#211111F3	M, W	July 13 - Aug. 5	5:45pm - 6:15pm
#211111F4	M, W	July 13 - Aug. 5	6:30pm - 7:00pm

## 2

**Level 2** is for swimming kids who are comfortable in the water. Students will work toward mastering front crawl, back crawl, and floating. They will build more confidence in the water and learn water safety skills.

If your child is ready for level 2, they would exhibit the following skills:

- Blows bubbles (full face in the water)
- Swims forward, face down (10 - 20 feet)
- Some alternating arm movements (front crawl)
- Some alternating leg movements (flutter kick)
- Some ability to float on back (5 - 10 seconds)

Activity Number	Days	Dates	Times
#211112A1	M - Th	June 15 - June 25	10:30am - 11:00am
#211112B1	M - Th	June 29 - July 9	11:15am - 11:45am
#211112C1	M - Th	July 13 - July 23	9:45am - 10:15am
#211112D1	M - Th	July 27 - Aug. 6	10:30am - 11:00am
#211112E1	M, W	June 15 - July 8	5:00pm - 5:30pm
#211112E2	M, W	June 15 - July 8	5:45pm - 6:15pm
#211112E3	M, W	June 15 - July 8	6:30pm - 7:00pm
#211112F1	M, W	July 13 - Aug. 5	5:00pm - 5:30pm
#211112F2	M, W	July 13 - Aug. 5	5:45pm - 6:15pm
#211112F3	M, W	July 13 - Aug. 5	6:30pm - 7:00pm

# 3

**Level 3** is for kids who can already swim the length of the pool and want to learn more. Students will hone their techniques for front and back crawl, build endurance, and get an introduction to breaststroke, treading water, and personal water safety.

If your child is ready for Level 3, they would exhibit the following skills:

- Blows bubbles (completely submerged underwater)
- Swims forward, face down (30+ feet)
- Coordinated alternating arm movements (front crawl)
- Coordinated alternating leg movements (flutter kick)
- Some ability to tread in place (5 - 10 seconds)

Activity Number	Days	Dates	Times
#211113A1	M - Th	June 15 - June 25	9:45am - 10:15am
#211113B1	M - Th	June 29 - July 9	9:45am - 10:15am
#211113C1	M - Th	July 13 - July 23	11:15am - 11:45am
#211113D1	M - Th	July 27 - Aug. 6	9:45am - 10:15am
#211113E1	M, W	June 15 - July 8	6:30pm - 7:00pm
#211113F1	M, W	July 13 - Aug. 5	5:45pm - 6:15pm
#211113F2	M, W	July 13 - Aug. 5	6:30pm - 7:00pm

## “SWIM FOR SADIE” HONORS SADIE CATE DEEBLE

Sadie Cate Deeble epitomized the saying that “good things come in small packages.” Although small in stature, her presence was huge. Sadie had a smile for everyone, had boundless energy, and found joy in everything that she did. Swimming was a significant part of Sadie’s life. She was a cheerleader, a consoler, a ringleader, a storyteller, and anything else her teammates and friends needed.

On October 25, 2022, Sadie passed away from sudden cardiac arrest. With her passing, her family and our community lost a precious light. The Swim for Sadie Memorial Fund was created from donations made by family and friends, in the hopes that Sadie’s memory will continue to bring her sunshine to our community.

The Swim for Sadie Program will provide free swim lessons for any Harrisonburg City Public Schools student in grades kindergarten through second. We hope that other children will discover a love of swimming, make friends, and have fun, all while learning a skill that will help keep them healthy and safe. This is one way that Sadie’s light can continue to shine.





CITY OF HARRISONBURG  
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## SUMMER 2026

### AQUATICS

Harrisonburg Parks and Recreation is offering various aquatics opportunities this season at Westover Pool!

## OUR SUMMER OPPORTUNITIES

### Lap Swim & Recreational Swim

Reserve a lane for lap swim or water workout available 6:00am-7:00pm. If lounging is more your speed, enjoy the water during our daily recreation swim hours, 12:00pm-7:00pm beginning June 6.

### Swim Lessons

Group lessons are offered Monday-Thursday mornings and start as young as six months. Each child cannot be registered for more than two classes at the same level.



## Aquatics Registration & Information

Registration must take place online at [www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities) or in-person at any recreation center. If you have questions please call 540-434-0571

**City Resident Registration May 30 | Non Resident Registration June 8**

# AQUATICS: HOURS AND EVENTS

## SWIM HOURS

### Recreation Swim

May 23 - May 25

Saturday - Monday | 12:00pm - 7:00pm

May 30 - 31

Saturday - Sunday | 12:00pm - 7:00pm

**Beginning June 6, 12:00pm - 7:00pm daily**

### Lap Swim Hours

May 23 - May 25

Saturday - Monday | 12:00pm - 7:00pm

May 30 - 31

Saturday - Sunday | 12:00pm - 7:00pm

June 1 - 5

Monday - Friday | 6:00am - 5:00pm

**Beginning June 6**

Monday - Friday | 6:00am - 6:00pm

Saturday - Sunday | 12:00pm - 7:00pm

### Daily Admission Fee

Residents living inside the City limits will need to show proof of residency at time of entry.

Infant (Age 2 and Under) | Free

Children (Age 17 and Under) | City Res \$2 | Non Res \$4

Adult (Age 18+) | City Res \$3 | Non Res \$6

**Capacity restrictions may be in place at management's discretion during Recreation Swim hours. Refunds will not be issued for weather related closures or other unexpected closures.**

### Summer Family Pool Pass

Summer pool passes are available for purchase starting Saturday, May 23. A family pass covers two adults and up to four children residing in the same residence. Additional children can be added for \$15 each. Availability may reduce after August 16 but your pass is good through September 7, 2026.

City Res \$75 | Non Res \$150

**Please check [www.HarrisonburgVA.gov/Swimming](http://www.HarrisonburgVA.gov/Swimming) for more pool hours information.**

### Free Pool Days to Celebrate Parks and Rec Month!

On select Thursdays in July, City residents will get free entry to Westover Pool during the dates and times listed below. ID with City address is required for free entry.

Location: Westover Pool

Th | Jul 9 | 12:00pm - 7:00pm

Th | Jul 16 | 12:00pm - 7:00pm

Th | Jul 23 | 12:00pm - 7:00pm

Th | Jul 30 | 12:00pm - 7:00pm

### Ralph Sampson Park Spray Grounds

Open Daily 10:00am - 8:00pm (Memorial Day - Labor Day)

## POOL EVENTS

### Memorial Day Weekend

Kick off the unofficial start of summer when both our outdoor pools, splashpad and spraygrounds open on Saturday, May 23! Pool admission discounts for Veterans applied Saturday, May 23 through Monday, May 25 from 12:00pm-7:00pm.

### Home Swim Meet Schedule

We anticipate closing at 4:00pm on the following Tuesdays for Westover Waves home swim meets:

Tuesday, June 16

Tuesday, June 23

Tuesday, June 30

Tuesday, July 21

Checkout <https://www.facebook.com/WestoverWavesSwimTeam> or email [westoverwavesteam@gmail.com](mailto:westoverwavesteam@gmail.com) for more information on summer swim team!

## SUMMER SWIM TEAM

Are you ready to make a splash this summer?

The Westover Waves are looking for swimmers of all skill levels to join our team for a fun, exciting, and active summer season.

Whether you're a beginner or a seasoned swimmer, the Waves is a place for you to grow, have fun, and meet new friends!

Why join the Westover Waves?

- Swim and compete in a fun, team-oriented environment
- Improve your swimming skills with expert coaching
- Build lasting friendships and create unforgettable memories
- All skill levels are welcome - everyone is part of the team!
- Learn life skills like teamwork, discipline, and goal-setting

Learn more at [WestoverWaves.Swimmingly.Site](http://WestoverWaves.Swimmingly.Site)

## WESTOVER TOP EIGHT

- Check the weather before you visit! We do not offer refunds in the event of inclement weather or other unexpected closures.
- We have El Milagro joining us this summer where you can purchase tasty eats!
- As always, no alcohol, no glass, and no smoking of any kind! This includes vaping.
- Pay attention to the weak swimmers in your group. Stay within arms reach.
- Kids should take regular breaks during their visit to use the restroom, apply sunscreen and stay hydrated.
- Our lifeguards are here to enforce the rules and keep everyone safe.
- Walk, don't run!
- Check the rules at the diving board and climbing wall before you jump or climb!

# AQUATICS

## SWIM REGISTRATION

As we move into our 2026 Summer Season Westover Pool would like to remind our patrons of two upcoming registration dates.

**Open to City Residents May 30 | 11:00am**

**Open to Non Res Jun 8 | 7:00am**

## HERMIT CRAB: PARENT/TOT LEVEL 1

For parents and their tots ages 0.5-1.5 years, these classes introduce you both to basic water safety and give you the tips you need to create your own water fun. Swim diapers are required. Lessons consist of 4, 30-minute classes.

**Open to City Residents May 30 | Non Res Jun 8**

**City Residents \$25 | Non Res \$50**

#211100B1 | M - Th | Jun 29 - Jul 9 | 9:45am - 10:15am

#211100B2 | M - Th | Jun 29 - Jul 9 | 10:30am - 11:00am

## BARNACLE: PARENT/TOT LEVEL 2

Focusing on tots ages 1.5 - 2 years, with their parents, this level will work on early fundamental aquatic skills to prepare your child to venture into our group lessons. Swim diapers may be required. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non Res Jun 8**

**City Residents \$25 | Non Res \$50**

#211101C1 | M - Th | Jul 13 - Jul 23 | 10:30am - 11:00am

#211101C2 | M - Th | Jul 13 - Jul 23 | 11:15am - 11:45am

#211101D1 | M - Th | Jul 27 - Aug 6 | 10:30am - 11:00am

#211101D2 | M - Th | Jul 27 - Aug 6 | 11:15am - 11:45am

## UNICORN FISH: PRE-K LEVEL 1

Ideal for beginner, non-swimmers ages 3-5, Unicorn Fish will work to master the following skills with assistance from an instructor: key personal water safety skills, floating, water comfort and basic swimming. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non Res Jun 8**

**City Residents \$25 | Non Res \$50**

#211102A1 | M - Th | Jun 15 - Jun 25 | 10:30am - 11:00am

#211102A2 | M - Th | Jun 15 - Jun 25 | 11:15am - 11:45am

#211102B1 | M - Th | Jun 29 - Jul 9 | 9:45am - 10:15am

#211102B2 | M - Th | Jun 29 - Jul 9 | 10:30am - 11:00am

#211102B3 | M - Th | Jun 29 - Jul 9 | 11:15am - 11:45am

#211102C1 | M - Th | Jul 13 - Jul 23 | 10:30am - 11:00am

#211102D1 | M - Th | Jul 27 - Aug 6 | 9:45am - 10:15am

#211102D2 | M - Th | Jul 27 - Aug 6 | 11:15am - 11:45am

## RAY: PRE-K LEVEL 2

Students ages 3-5 with some group lesson or swimming experience will focus on confidence, water safety, breath control and rhythmic, coordinated movement in the water to develop basic front and back crawl for short distances. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non Res Jun 8**

**City Residents \$25 | Non Res \$50**

#211103A1 | M - Th | Jun 15 - Jun 25 | 9:45am - 10:15am

#211103A2 | M - Th | Jun 15 - Jun 25 | 10:30am - 11:00am

#211103A3 | M - Th | Jun 15 - Jun 25 | 11:15am - 11:45am

#211103B1 | M - Th | Jun 29 - Jul 9 | 9:45am - 10:15am

#211103B2 | M - Th | Jun 29 - Jul 9 | 11:15am - 11:45am

#211103C1 | M - Th | Jul 13 - Jul 23 | 9:45am - 10:15am

#211103C2 | M - Th | Jul 13 - Jul 23 | 10:30am - 11:00am

#211103D1 | M - Th | Jul 27 - Aug 6 | 9:45am - 10:15am

#211103D2 | M - Th | Jul 27 - Aug 6 | 11:15am - 11:45am

## GROUPEE: PRE-K LEVEL 3

Grouper students are comfortable in the water and have mastered some basic swimming skills. Participants ages 3-6 will focus on coordinated breathing techniques with front and back crawl and begin basic skills for additional strokes while building endurance. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non-Res Jun 8**

**City Residents \$25 | Non-Res \$50**

#211104C1 | M - Th | Jul 13 - Jul 23 | 9:45am - 10:15am

#211104D1 | M - Th | Jul 27 - Aug 6 | 9:45am - 10:15am

## FIVE FAST FACTS

1. Your flotation device should be US Coast Guard approved and fit snugly!
2. In the event there is lightning in the area, our alarm will sound and we will clear the pool deck. Please gather your belongings quickly so we can keep everyone safe!
3. Three whistles means a lifeguard is making a rescue or doing training. Don't panic, we are just doing our job to keep you safe so you can enjoy your day.
4. Small kids and weak swimmers should always have an adult with them in the water and no one in a float or lifejacket should be left unattended.
5. Think before you speak! Sometimes the words you use with friends are not appropriate for everyone to hear. Do not use profanity or other slangs and slurs while you are visiting.

# AQUATICS

## SWORDFISH: YOUTH LEVEL 1

Non-swimming kids ages 6-10 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non-Res Jun 8**

**City Residents \$25 | Non-Res \$50**

#211105A1 | M - Th | Jun 15 - Jun 25 | 11:15am - 11:45am

#211105B1 | M - Th | Jun 29 - Jul 9 | 10:30am - 11:00am

## WHALE: YOUTH LEVEL 2

Students ages 6-10 with some group lesson experience, comfort in the water, and the ability to swim on their front or back a short distance will focus on building more confidence and water safety while honing the skills to swim front and back crawl for 25 yards. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non-Res Jun 8**

**City Residents \$25 | Non-Res \$50**

#211106A1 | M - Th | Jun 15 - Jun 25 | 10:30am - 11:00am

#211106B1 | M - Th | Jun 29 - Jul 9 | 11:15am - 11:45am

## MAKO: YOUTH LEVEL 3

Mako is the best fit for kids ages 6-11 who can already swim the length of the pool and want to learn more about swimming. Mako participants will work on technique for front and back crawl, build endurance and get introduced to breaststroke, treading and personal safety. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non Res Jun 8**

**City Residents \$25 | Non Res \$50**

#211107A1 | M - Th | Jun 15 - Jun 25 | 9:45am - 10:15am

#211107C1 | M - Th | Jul 13 - Jul 23 | 11:15am - 11:45am

## SEAL: YOUTH LEVEL 4

Seal is the best fit for advanced swimming kids ages 6-14 who are considering swim team or want to learn more about swimming for fitness or competition. Seal participants should have knowledge of all four competitive strokes and the strength to swim the length of the pool with front crawl, back crawl or breaststroke. Seals will learn more about diving, flip turns and swim drills.

**Open to City Residents May 30 | Non-Res Jun 8**

**City Residents \$25 | Non-Res \$50**

#211108A1 | M - Th | Jun 15 - Jun 25 | 9:45am - 10:15am

#211108D1 | M - Th | Jul 27 - Aug 6 | 10:30am - 11:00am

## SWORDFISH: TEEN LEVEL 1

Non-swimming teens ages 11-15 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non-Res Jun 8**

**City Residents \$25 | Non-Res \$50**

#211105TC1 | M - Th | Jul 13 - Jul 23 | 9:45am - 10:15am

#211105TC2 | M - Th | Jul 13 - Jul 23 | 11:15am - 11:45am

## WHALE: TEEN LEVEL 2

Students ages 11-15 with some group lesson experience, comfort in the water and the ability to swim on their front and back will focus on building more confidence and water safety while honing the skills to swim front and back crawl for 25 yards. Lessons consist of 8, 30-minute classes.

**Open to City Residents May 30 | Non-Res Jun 8**

**City Residents \$25 | Non-Res \$50**

#211106TD1 | M - Th | Jul 27 - Aug 6 | 10:30am - 11:00am

## FLOUNDERS: ADULTS

Ideal for beginner or unsure adults and older teens, this group lesson is station based, allowing you more freedom to hone the skills you want. Lessons consist of 8, 45 minute classes.

**Open to City Residents May 30 | Non Res Jun 8**

**City Residents \$25 | Non Res \$50**

#221106D1 | M - Th | Jul 27 - Aug 6 | 8:30am - 9:15am

## MASTERS SWIMMING

Swim team practice for adults 18+. Join to improve your swimming, technique, get in shape, or take your current workouts to the next level. Participants can come to as many practices as they choose per month. Practice will be held Tuesday - Thursday, 7am - 9am. Seasonal membership to Masters Swimming is required, no additional pool membership necessary.

**Summer Membership**

**City Res \$75 Non-Res \$150 | Ages 18+**

#221107D1 | Tu, W, Th | 7:00am - 9:00am (June - September)



CITY OF HARRISONBURG  
**PARKS  
& REC**

## SUMMER 2026

### SPECIAL INTEREST

Harrisonburg Parks and Recreation/  
partner organizations are offering  
various programs and events across  
Harrisonburg.

## OUR SUMMER OPPORTUNITIES

### Outdoor Adventure

Try out rock climbing, caving, or learn important outdoor skills!

### Pollinator Month

Celebrate pollinators with us during the month of June!

### Play All Day

Join us on June 21 for the longest day of the year!



## Special Interest Registration & Information:

Registration must take place online at [www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities)  
or in-person at any recreation center. If you have questions please call 540-433-2474.

**City Resident Registration April 27 | Non Resident Registration May 11**

# SPECIAL INTEREST

## ADULT ART

### Art in the Park - Adult

Come join us at the City parks for creativity and art!  
For more information go to [www.harrisonburgva.gov/art-in-the-park](http://www.harrisonburgva.gov/art-in-the-park) or call the Community Activities Center 540-433-2474

**Free | Ages 14+**

**Registration Required**

#230902A1 | W | Jun 17 | 1:00pm - 4:00pm | Riven Rock 2

#230902A2 | W | Jul 1 | 1:00pm - 4:00pm | Hillandale 12

#230902A2 | W | Jul 15 | 1:00pm - 4:00pm | Westover 1

## FIRE/POLICE

### Camp L.I.T.

Have you ever wondered what it's like to be an emergency responder?

The Harrisonburg Fire Department and Rockingham County Fire Rescue are hosting their 6th annual all-girls firefighter day camp, Camp L.I.T., (leadership, integrity, and trailblazer). The camp is free of charge and open to girls ages 14-17 years old. Apply online at

[www.harrisonburgva.gov/fire](http://www.harrisonburgva.gov/fire)

Applications are due no later than Monday, May 4, 2026 at 5pm.

**Free ages 13 - 17**

**Jun 22 - Jun 26 | 8:00am - 5:00pm**

### P.A.T.C.H Camp

Pride, Accountability, Teamwork, Courage and Honor (P.A.T.C.H.) exemplify what is expected in a police officer. This camp will allow the Harrisonburg Police Department to interact with youth in a positive, friendly environment that develops trust while focusing on those five core values. Orientation will be on June 19 with camp happening June 22-26.

Applications are available by visiting [www.HarrisonburgVA.Gov/HPD-Patch](http://www.HarrisonburgVA.Gov/HPD-Patch)

**Free ages 11 - 15**

**Jun 22 - Jun 26 | 8:00am - 5:00pm**



## OUTDOOR ADVENTURE

### Parent-Kid Beginner Rock Climbing

A full day of learning to climb and belay for children ages 7-11 and their accompanying a parent/guardian. All technical gear is provided.

A personal suggested clothing list, medical form/ participant agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

Both child and adult must register and pay.

**Location: George Washington National Forest**

**City Res \$67 | Non Res \$72 | Ages 7-11 and their adult**

**#231372A1 | Sa | Jun 27 | 9:00am - 5:00pm**

### Parent-Kid Beginner Wild Caving

A morning of learning basic caving safety, underground navigation, and some elementary limestone geology for children ages 7-11 and their accompanying parent/guardian.

All technical gear is provided.

A personal suggested clothing list, medical form/ participant agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

Both child and adult must register and pay.

**Location: Near Bridgewater, VA**

**City Res \$40 | Non Res \$45 | Ages 7-11 and their adult**

**#231306A2 | Sa | Aug 1 | 8:30am - 12:00pm**

### Intermediate Wild Caving

This is a wild caving trip for individuals who have been on a WGA beginner caving trip in the past, and are ready to go a little more strenuous and adventurous. Teens may attend unaccompanied, but their transportation must be provided by a parent or guardian. All technical gear is provided.

A personal suggested clothing list, medical form/ participant agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

**Location: Near Bridgewater, VA**

**City Res \$40 | Non Res \$45 | Ages 12+**

**#231306A1 | Sa | Jul 11 | 8:30am - 12:00pm**

### Campcraft and Outdoor Survival Skills

A full day in the George Washington Ntl. Forest learning fire-building, shelter construction, and some back-country navigation skills. For ages 14 and older, and useful for hunters, day-hikers and backpackers, and anyone else who likes to wander off the beaten path! Teens may attend unaccompanied, but their transportation must be provided by a parent or guardian. After registration, WILD GUYde Adventures will supply a What to Bring list and the Medical Form/Participant Agreement to fill out.

**Location: George Washington National Forest**

**City Res \$80 | Non Res \$85 | Ages 14 though adult**

**#231376A1 | Sa | Jul 25 | 9:00am - 4:00pm**

## HOUSING & FINANCE EDUCATION

The City of Harrisonburg and its partners offer an array of classes on topics related to housing and finance, including first time homebuyer readiness, budgeting and improving credit, renter education, and more. Visit

[www.harrisonburg.gov/housing](http://www.harrisonburg.gov/housing) for the most up-to-date details.

# SPECIAL INTEREST

## POLLINATOR MONTH (JUNE)

### Guided Pollinator Walking Tour

Enjoy a guided pollinator walking tour with expert Mike Hott. Tour will include approximately 1 mile walk throughout downtown. Learn more and view the map at [harrisonburgva.gov/pollinators](http://harrisonburgva.gov/pollinators)

**Location: Liberty Park**

**Free**

**Tu | Jun 9 | 10:30am - 11:30am**

### Pollinator Hotel Workshop

Building a pollinator hotel is a great way to attract solitary bees and other pollinators to your garden. Join Public Works in building a pollinator hotel for your yard. First come, first serve with one kit given per family. Once your hotel is complete we will learn how to use iNaturalist to identify local pollinator plants.

**Location: Purcell Park Shelter 2**

**Free**

**Th | Jun 11 | 2:00pm - 3:15pm**

### Celebrating the Firefly

We will begin with a short educational session discussing the different types of fireflies in our area and why they are beneficial. As the sun sets and dusk arrives there will be the option to stroll down the paths at Heritage Oaks Golf Course and see the fireflies lighting up. Learn more at [harrisonburgva.gov/firefly](http://harrisonburgva.gov/firefly)

**Location: Heritage Oaks Golf Course**

**Free**

**Tu | Jun 23 | 8:45pm - 10:00pm**

### Join the Pollinator Corridor

Join other households, businesses, and places of worship in Harrisonburg as we continue to promote Harrisonburg as a pollinator friendly city. Do you have a garden with native plant species and would like to add your garden to the Pollinator Corridor? Registered gardens must be in the front yard. Your garden can be any size but must contain a minimum of three (3) native plant species.

Learn more at [Harrisonburgva.gov/pollinators](http://Harrisonburgva.gov/pollinators)

## SAVE THE DATE

### 24<sup>th</sup> Annual Race to Beat Breast Cancer

Save the date for October 24th for our 24th year of the Annual Race to Beat Breast Cancer 5K Run/Walk. All proceeds will once again benefit the worthy cause of the RMH Foundation for Breast Care and Treatment at the Sentara RMH Medical Center.

**Location: Westover Park**

**Sa | Oct 24**



## PLAY ALL DAY VA - JUNE 21

What is Play All Day VA (PADVA)?

A statewide initiative to celebrate the longest day, June 21, (the summer solstice) through PLAY!

We encourage residents to head out to the parks and spend the day outside! We will also have free pool admission for City Residents.

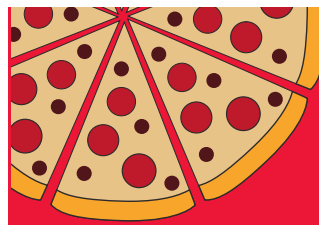
**Su | Jun 21**



# Youth TryAthlon



August 8th



## Free Pizza/Smoke Alarm Night! July 8th from 4-8pm

Preorders Required  
Learn more at  
[www.harrisonburgva.gov/  
pizza-night](http://www.harrisonburgva.gov/pizza-night)



## Pollinator Corridor

Register your garden for the Pollinator Corridor and help Harrisonburg be a Pollinator Friendly City!

[HarrisonburgVA.gov/Pollinators](http://HarrisonburgVA.gov/Pollinators)



## CELEBRATING THE FIREFLY

JUNE 23 8:45PM - 10:00PM

HERITAGE OAKS GOLF COURSE

[HARRISONBURGVA.GOV/FIREFLY](http://HARRISONBURGVA.GOV/FIREFLY)



CITY OF HARRISONBURG  
**PARKS  
& REC**

## SUMMER / FALL 2026 ATHLETICS PROGRAMS

Harrisonburg Parks and Recreation is offering various sports-specific programs and leagues.

### OUR SUMMER / FALL OPPORTUNITIES

Youth Volleyball League  
Summer Basketball League  
Youth Running Club  
Start Smart Soccer  
Start Smart Baseball  
Summer Soccer Camp  
Summer Basketball Camp  
Fall Youth Soccer  
Fall Youth Football



### Athletics Registration & Information

Registration must take place online at [www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities) or in-person at any recreation center.

If you have questions please call 540-433-9168.

**Summer Athletic Program Registration Opens April 13.**

**Fall Athletic Program Registration Opens May 26.**

# ATHLETICS

## SUMMER YOUTH VOLLEYBALL

[www.harrisonburgva.gov/volleyball](http://www.harrisonburgva.gov/volleyball)

This league is designed to introduce and develop the fundamentals of volleyball in a non-competitive setting. All players are required to have knee pads that must be worn during play. The deadline to register is May 29. Age is determined as of June 1.

Location: Community Activities Center and Skyline Middle School

\$30/City - \$60/Non-Res (Non-Res registration opens April 27)

#211050-A1 | Ages 8-10 | M-Th | Jun 1 - Aug 6  
#211050-A2 | Ages 11-12 | M-Th | Jun 1 - Aug 6  
#211050-A3 | Ages 13-14 | M-Th | Jun 1 - Aug 6

## SUMMER YOUTH BASKETBALL

[www.harrisonburgva.gov/basketball](http://www.harrisonburgva.gov/basketball)

This league will begin with two weeks of practices, with the remaining four weeks as games only. The deadline to register is May 29. Age is determined as of June 1.

\$30/City - \$60/Non-Res (Non-Res registration opens April 27)

Location: Simms Center/Thomas Harrison Middle School

Boys: #211015-A1 | Ages 9-10 | M-Th | Jun 8 - Jul 23  
Boys: #211015-A3 | Ages 11-12 | M-Th | Jun 10 - Jul 23  
Boys: #211015-A5 | Ages 13-14 | M-Th | June 11 - Jul 23  
Girls: #211015-A2 | Ages 9-10 | M-Th | Jun 9 - Jul 23  
Girls: #211015-A4 | Ages 11-12 | M-Th | Jun 9 - Jul 23  
Girls: #211015-A6 | Ages 13-14 | M-Th | Jun 11 - Jul 23

## START SMART SPORTS

[www.harrisonburgva.gov/start-smart](http://www.harrisonburgva.gov/start-smart)

Start Smart programs are developmentally appropriate introductory parent/guardian-child based programs. Pairs work together to develop individual skills with age appropriate equipment.

The program is open to ages 3-4. Age is determined as of June 1.

\$30/City - \$60/Non-Res (Non-Res registration opens April 27)

Location: Smithland Athletic Complex

Soccer Session 1: #210106-A1 | M-F | Aug 10 - 14 | 5:30-6:15pm  
Soccer Session 2: #210106-A2 | M-F | Aug 10 - 14 | 6:15-7:00pm  
Baseball Session 1: #210107-A1 | M-F | Aug 17 - 21 | 5:30-6:15pm

## YOUTH RUNNING CLUB

This running club will be setup for beginners and experienced runners to develop their skills throughout the summer.

Age is determined as of June 1.

\$30/City - \$60/Non-Res (Non-Res registration opens April 27)

Location: Various City Parks

#211060-A2 | Ages 10-13 | M, W | Jun 15 - Jul 22 | 6:30-7:30pm

## SUMMER YOUTH SOCCER CAMP

Develop and improve your soccer knowledge and skills. You will be taught individual and team skills during drills and games.

Age is determined as of June 1. \$15/participant.

City Residents Only.

Location: Smithland Athletic Complex

#211052-A3 | Ages 9-10 | M-F | Jul 20 - 24 | 9am-11am (Max 20)

## YOUTH BASKETBALL CAMP

Develop and improve your basketball skills during this week long camp. \$15/participant. Age is determined as of June 1.

Location: Community Activities Center/Harrisonburg High School

Boys: #211036-B | Ages 7-10 | M-F | Jun 8 - 12 | 9am-11am

Girls: #211036-A | Ages 7-10 | M-F | Jun 8 - 12 | 11am-1pm

## FALL YOUTH SOCCER

[www.harrisonburgva.gov/soccer](http://www.harrisonburgva.gov/soccer)

Registration opens May 26 and closes August 14.

Shin guards are mandatory for all levels.

\$30/City - \$60/Non-Res (Non-Res registration opens June 8).

Age is determined as of September 1.

Specific program days and times will be released at a later date.

Location: Smithland Athletic Complex

**Volunteer Coaches Needed for All Levels!**

### U5 Soccer League (Age 5)

Girls: #311005-A1 | M, W | Sep 9 - Oct 21

Boys: #311005-A2 | T, Th | Sep 8 - Oct 22

### U6 Soccer League (Age 6)

Girls: #311007-A1 | M, W | Sep 9 - Oct 21

Boys: #311007-A2 | T, Th | Sep 8 - Oct 22

### U7 Soccer League (Age 7)

Girls: #311006-A1 | M, W | Sep 9 - Oct 21

Boys: #311006-A2 | T, Th | Sep 8 - Oct 22

### U8 Soccer League (Age 8)

Girls: #311008-A1 | M, W | Sep 9 - Oct 21

Boys: #311008-A2 | T, Th | Sep 8 - Oct 22

### U10 Soccer League (Age 9-10)

**Skills Evaluation: August 31-September 3**

Girls: #311009-A1 | Sep 8 - Oct 24

Boys: #311009-A2 | Sep 9 - Oct 24

### U13 Soccer League (Age 11-13)

**Skills Evaluation: August 31-September 3**

Girls: #311010-A1 | Sep 8 - Oct 24

Boys: #311010-A2 | Sep 9 - Oct 24

## FALL YOUTH FOOTBALL

[www.harrisonburgva.gov/football](http://www.harrisonburgva.gov/football)

Registration opens May 26 for all leagues.

Grade determined based on the 2026-2027 school year.

\$30/player - City Residents Only (Middle School League is free)

**Volunteer Coaches Needed for All Leagues!**

### Flag League (Grades 1-2 / 3-4)

Grades 1-2: #311060-A1 | M, W | Sep 9 - Oct 28 | 5:45pm-6:30pm

Grades 3-4: #311060-A2 | M, W | Sep 9 - Oct 28 | 6:40pm-7:25pm

### Rec. Tackle League (Grades 5-6)

#311061-A1 | Jul 27 - Sep 26 | Times TBD

### Middle School Tackle League (Grades 7-8)

#311066-A2 | Aug 17 - Nov 5 | Times TBD



CITY OF HARRISONBURG  
**PARKS  
& REC**

## SUMMER 2026 YOUTH SERVICES

Youth Services offers a variety of drop-in and year-round programs.

### OUR SUMMER OPPORTUNITIES

#### Preschool

During the school year we offer a morning preschool for 3 & 4-year-olds.

#### Afterschool

For K - 5th grade we provide an afterschool program for students enrolled in Harrisonburg City Schools and summer camp in the summer months.

#### Summer Fun

Join us throughout the summer for arts and crafts, fishing, and bike lessons.



## Youth Services Registration & Information:

For more information about our Youth Services programs visit [www.HarrisonburgVA.gov/youth-services](http://www.HarrisonburgVA.gov/youth-services)

Or call 540-433-2474

**City Resident Registration April 27 | Non Resident Registration May 11**

# YOUTH SERVICES

## PROGRAMS

### Bike Lessons

Ready, set, pedal! Is your child ready to learn to ride a bike? During this three-session class we will help your child learn the basics of balance, steering, breaking, and pedaling. By the end of the third session our goal is that your child will be able to ride a bike independently.

This program will take place for 45 minutes for three consecutive days.

Your child does not need a bike to participate in this program. Please let us know during registration if we need to provide a bike for your child.

This program will take place outdoors. In case of extreme weather we will use June 18 as a make-up day.

If your child has participated in this program before they are not allowed to sign up again.

**Location: Hillandale Park**

**City Res \$5 | Non Res \$10 | Ages 4 - 9**

**#211319A1 | M-W | Jun 15 - Jun 17 | 9:30am-10:15am (4 - 5 years)**

**#211319A2 | M-W | Jun 15 - Jun 17 | 10:30am-11:15am (6-9 years)**

### Art in the Park - Youth

Come join us at the City parks for creativity and art! This program is designed for children 5 to 14. Adult must stay for the duration of the program but do not need to participate.

Each location will have different programming. No registration needed.

For more information go to [www.harrisonburgva.gov/art-in-the-park](http://www.harrisonburgva.gov/art-in-the-park) or call the Community Activities Center 540-433-2474

**W | Jun 10 | 10:00am - 11:00am | Dream Come True**

**Tu | Jun 16 | 1:00pm - 3:00pm | Morrison Park**

**Th | Jun 25 | 1:00pm - 3:00pm | Purcell Park**

**M | Jun 29 | 10:00am - 11:00am | Dream Come True**

**Tu | Jul 7 | 4:30pm - 6:30pm | Morrison Park**

**Th | Jul 16 | 10:00am - 12:00pm | Purcell Park**

**Th | Jul 23 | 4:30pm - 6:30pm | Purcell Park**

**Tu | Jul 28 | 10:00am - 11:00am | Dream Come True**

**Th | Aug 6 | 4:30pm - 6:30pm | Ralph Sampson Park**

**W | Aug 12 | 10:00am - 11:00am | Purcell Park**

### Fishing Fridays

Have you wanted to try your hand at fishing? Meet us by Purcell Park Pond at 9am and learn the basics of fishing. All fishing equipment is provided. Children 11 and under must have a guardian accompanying them.

**Free | Ages 6-15**

**F | Jun 5 | 1:00pm - 5:00pm | Purcell Park Pond**

**F | Jun 12 | 9:00am - 10:00am | Purcell Park Pond**

**F | Jun 26 | 9:00am - 10:00am | Purcell Park Pond**

**F | Jul 10 | 9:00am - 10:00am | Purcell Park Pond**

**F | Jul 17 | 9:00am - 10:00am | Purcell Park Pond**

**F | Jul 31 | 9:00am - 10:00am | Purcell Park Pond**

## 2026-2027 PRESCHOOL

Through creative and meaningful play activities, the program promotes the healthy social, emotional, cognitive, and physical development of each child. A positive self-concept will be developed, with creativity and self-expression being encouraged.

We follow a daily schedule that incorporates language arts, STEM (science, technology, engineering, mathematics), art, music and movement, practical life skills, and gross motor activities through developmentally appropriate lessons.

The 3-year-old program is offered to City resident's children who are or will be three years of age by September 30, 2026 and are fully potty trained.

The 4-year-old program is offered to City resident's children who are or will be four years of age by September 30, 2026. This program is licensed under the VA Department of Education. For more information visit [www.harrisonburgva.gov/youth-services](http://www.harrisonburgva.gov/youth-services).

Please register in person at the Community Activities Center and have your child's birth certificate with you.

Registration is open.

### 3-Year-Olds

**City Residents only. \$50 per month**

**Ages 3 | Tu, Th | Sep - May | 9:00am - 12:00pm**

### 4-Year-Olds

**City Residents only. \$75 per month**

**Ages 4 | M,W,F | Sep - May | 9:00am - 12:00pm**

## OUT OF SCHOOL TIME

### Afterschool Childcare Program

This program runs from the time of dismissal until 5:45pm.

Children must attend Harrisonburg City Public Schools and arrive at the Community Activities Center by school bus. The program follows the Harrisonburg City Schools calendar and does not operate when schools are closed for holidays, teacher workdays, or inclement weather closures. Children must be enrolled in

kindergarten through 5th grade to attend the A.S.A. program. For more information visit [www.harrisonburgva.gov/youth-services](http://www.harrisonburgva.gov/youth-services)

Registration dates are as follows:

- Accounts who have participants that were enrolled in the ASA program for the 2025 - 2026 School year: Information to come
- Accounts with current 2026 SOAR participants: [July 6 at 7:30am](#)
- New Participant Registration: [July 13 at 7:30am](#)

**Location: Community Activities Center Youth Services**

**City Res \$50/ month | K - 5th grade**

**#510230 | M - F | Follows HCPS Calendar | Dismissal - 5:45pm**

## PARENT TOT

Parent Tot Playtime and the Tumble Room will take a break for the summer season.



CITY OF HARRISONBURG  
**PARKS  
& REC**

## SUMMER 2026

### DANCE

A well established dance program offering a wide variety of opportunities to the Harrisonburg Community

## OUR SUMMER OPPORTUNITIES

### Young Children & Beginner Dance

Introductory dance classes for young children including Music & Movement and Pre-Ballet & Creative Movement.

Beginner/Intermediate level ballet and jazz dance classes for youth.

### Advanced Dance Workshop

Advanced 4-day workshop open to all advanced dancers who would like to excel in their technique.

### Youth 5-Day Dance Camp

This camp is open to dancers ages 7-11 and will focus on the basic techniques and performance skills of ballet, jazz, and creative movement.

### Adult Dance

Adult dance classes geared toward fitness and welcome to all ability levels!



## Dance Program Registration & Information:

Registration must take place online at [www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities) or in-person at any recreation center. If you have questions please call 540-433-2474.

**City Resident Registration April 27 | Non Resident Registration May 11**

# DANCE

Dance Coordinator: Cynthia Marafino  
Cynthia.Marafino@HarrisonburgVA.gov  
Dance Instructors: Jimmy Marafino, Delaney Clarke, Mary Cyzick, and Kenzy Hiner

For registration questions please email  
Harriet.Flynn@harrisonburgva.gov

All classes take place at the Community Activities Center

Youth Classes (4 weeks)  
Adult Classes (4 weeks)

## YOUNG CHILDREN'S

### Music & Movement

City Res \$25 | Non Res \$30

#210301A1 | Ages 3.5 - 5 | Tu | May 26 - Jun 16 | 4:30pm - 5:00pm  
#210301A2 | Ages 3.5 - 5 | W | May 27 - Jun 17 | 4:30pm - 5:00pm  
#210301A3 | Ages 3.5 - 5 | Th | May 28 - Jun 18 | 4:30pm - 5:00pm

### Pre Ballet & Creative Movement

City Res \$25 | Non Res \$30

#210303A1 | Ages 5 - 7 | W | May 27 - Jun 17 | 5:15pm - 5:45pm  
#210303A2 | Ages 5 - 7 | Th | May 28 - Jun 18 | 5:15pm - 5:45pm

## BEGINNER/ INTERMEDIATE

### Ballet/ Jazz

City Res \$25 | Non Res \$30

#210304A1 | Ages 6 - 8 | Tu | May 26 - Jun 16 | 5:15pm - 6:00pm  
#210304A2 | Ages 8 - 12 | W | May 27 - Jun 17 | 5:45pm - 6:30pm

## 4-DAY ADVANCED WORKSHOP

The workshop will be held Monday through Thursday, May 11 through May 14 from 6:00-7:30pm daily. This workshop is open to all Advanced dancers and Teens who would like to excel in their technique.

Registration now open.

City Res \$30 | Non Res \$36

#210320A1 | May 11 - May 14 | 6:00pm - 7:30pm

## YOUTH 5-DAY DANCE CAMP

This dance camp will be held Monday through Friday mornings June 8 through June 12 from 9:00am-11:00am. This camp is open to dancers ages 7-11 and will focus on the basic technique and performance skills of ballet, jazz, and creative movement.

\$50 | Non Res \$60

#210313A1 | Ages 7-11 | Jun 8 - Jun 12 | 9:00am - 11:00am

## ADULT CLASSES

### Adult Ballet for Fun & Exercise

City Res \$25 | Non Res \$30

#220316A1 | Ages 18+ | M | Jun 1 - Jun 22 | 6:30pm - 7:15pm

### Adult Tap for Fun & Exercise

City Res \$25 | Non Res \$30

#220317A1 | Ages 18+ | M | Jun 1 - Jun 22 | 7:15pm - 8:00pm



## SUMMER 2026

### 50 & WISER

Our 50 and Wiser program provides recreation and social opportunities for those age 50 and beyond!

## OUR SUMMER OPPORTUNITIES

### Fitness

Our 50 & Wiser program offers a diverse selection of low to high impact fitness classes including Cardio & Strength, Gentle Stretch, Pilates and Yoga!

### Social & Enrichment

Our 50 & Wiser program offers a diverse selection of social and enrichment program opportunities including, Monday Matinee, Book Club, Lunch Bunch, Craft and Chat, Crochet, and Bowling. Check out what is taking place this Summer!



## 50 & Wiser Registration & Information:

Registration must take place online at [www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities) or in-person at any recreation center. If you have questions please call 540-432-7799.

**City Resident Registration April 27 | Non Resident Registration May 11**

# 50 & WISER

## GENTLE / BEGINNER

### Gentle Stretch

Instructor: Cory Jeffries

Gentle Stretch Class sets the tone for your days body activity. Each stretch class is designed to boost your well-being and joint mobility as you move your body with low impact stretches. If you ever feel a bit stiff as you start your daily routine, this class may be just what you need to help prepare you for the day ahead with gentle stretches.

No Class June 29 & July 1

**Location: Price Rotary Senior Center**

**City Res \$36 | Non Res \$40 | Ages 50+**

**#240505A1 | M, W | Jun 8 - Jul 22 | 9:00am - 9:30am**

### Moving & Grooving PLUS!

Instructor: Cory Jeffries

In these high-energy sessions, we focus on dynamic movements, muscle building, and cardiovascular conditioning to keep you active and fit. Wear comfy workout attire and sneakers. You can enhance your experience with adjustable ankle weights (up to 5lbs), exercise bands, and dumbbells.

No Class June 30 & July 2

**Location: Lucy F. Simms Center Auditorium**

**City Res \$10 | Non Res \$20 | Ages 50+**

**#240514A1 | Tu, Th | Jun 2 - Jul 16 | 9:00am - 9:50am**

**#240514A2 | Tu, Th | Jun 2 - Jul 16 | 10:00am - 11:30am**

## INTERMEDIATE / ADVANCED

### Yogalates

Instructor: Dana Neff

Yogalates is a fusion of Yoga and Pilates. Essentially, it is a movement system that stretches and strengthens all the major muscles while also calming the mind. Attention is paid to building strength and endurance. As in Pilates, resistance bands can be used.

**Location: Price Rotary Senior Center**

**City Res \$32 | Non Res \$35 | Ages 50+**

**#240513A1 | W | Jun 10 - Jul 15 | 10:00am - 11:00am**

**#240513A2 | W | Jul 22 - Aug 26 | 10:00am - 11:00am**

### Pilates

Instructor: Dana Neff

Focuses on total body strength, endurance, and flexibility. An emphasis on movement quality, posture, and breathing makes pilates a safe and revitalizing workout while challenging the body in a new way. Promotes posture, increased strength, and range of motion. Bring your own exercise mat to class.

**Location: Price Rotary Senior Center**

**City Res \$32 | Non Res \$35 | Ages 50+**

**#240512A1 | Th | Jun 11 - Jul 16 | 11:30am - 12:30pm**

**#240512A2 | Th | Jul 23 - Aug 27 | 11:30am - 12:30pm**

### Cardio & Strength

Instructor: Cory Jeffries

Stretch, strengthen, and get fit! This 45-minute class works the heart, muscles, and more. Variety and fun guaranteed. Please bring a mat (exercise or yoga), towel, and water-bottle.

No Class June 30 & July 2

**Location: Community Activities Center Fitness Studio**

**City Res \$36 | Non Res \$43 | Ages 50+**

**#240500A1 | Tu, Th | Jun 2 - Jul 16 | 4:30pm - 5:15pm**

**#240500A2 | Tu, Th | Jun 2 - Jul 16 | 5:30pm - 6:15pm**

### 50 & Wiser Yoga

Instructor: Robin Atwood

Join us in learning foundational yoga poses and sequences that are welcoming to all ability levels in the 50 and Wiser community. Please bring your own yoga mat and yoga blocks to class.

No class August 25.

**Location: Price Rotary Senior Center**

**City Res \$40 | Non Res \$50 | Ages 50+**

**#240525A1 | Tu | Jun 2 - Jul 7 | 3:00pm - 4:00pm**

**#240525A2 | Tu | Jul 28 - Sep 8 | 3:00pm - 4:00pm**

## ARTS & CRAFTS

### Craft and Chat

Social group for people age 50+ who like to knit, crochet, or craft. Bring whatever you are working on and come socialize with other peers. We also work on items to donate to local organizations. Drop in and join the group!

**Location: Price Rotary Senior Center**

**Free | Ages 50+**

**Tu, Th | Ongoing | 9:00am - 11:00am**

## ENRICHMENT

### VPAS Cafes



The 1st and 3rd Monday of each month (except on holidays) we will be getting together to learn new things, meet new people, and enjoy a meal. This is a partnership between Parks and Recreation and Valley Program for Aging Services. Contact 540-615-5341 to register. For more information check [vpas.info/vpas-cafes](http://vpas.info/vpas-cafes).

**Location: Price Rotary Senior Center**

**Free (Registration Required) | Ages 60+**

**First and Third Monday of Month | 10:00am - 12:00pm**

### Free Fishing Day

No fishing license of any kind will be required for recreational rod and reel fishing during free fishing days (June 6-8), to increase angling opportunities. All fishing regulations including size, season, catch limits, and gear restrictions will remain in effect. We will celebrate with a free fishing day for seniors on Friday, June 5 at Purcell Park. Rods and basic instruction will be provided. We will catch and release the fish back into the pond.

**Location: Purcell Park Pond**

**Free | 50+**

**F | Jun 5 | 10:00am - 11:30am**

## OUTDOOR ADVENTURE

The events below are paced and scaled to be age-appropriate. They do not require super-athletic ability, but participants should be reasonably active, without significant movement limitations (low fitness, mobility or musculo-skeletal restrictions). We will enjoy being together in the outdoors, and we will not be comparing ourselves to twenty-somethings!

Benefits to jumping aboard:

- spending time in our gorgeous and local outdoors
- being with others who like movement and fun
- adding to your learning about outdoor safety and activity skills
- possibly some new clothing! Participate in 3 or more of these Senior Adventures during 2026 (more activities will be offered in the Summer) and receive the WILD GUYde Adventures 2026 OLD MOUNTAIN GOAT\* t-shirt, along with all the rights, privileges, and adulation pertaining thereto!

(\*Gets Out And Tries Stuff!)

### Little Stony Man Hike in SNP

Hike up to this gorgeous west-facing overlook, snack or picnic lunch, and then return. This 3 mile hike is considered Moderate ("Generally suitable for novice hikers seeking a bit of a challenge.") We will also talk about general outdoor and hiking safety. A What to Bring list, a link to the Med Form/Participant Agreement, and driving directions will be supplied after registration. Please bring your National Parks and Federal Recreational Lands Pass or pay the SNP daily fee).

**Location: Shenandoah National Park**

**City Res \$35 | Non Res \$40 | Ages 50+**

**#231308A1 | F | June 26 | 9:00am - 1:00pm**

### Paddling at Lake Shenandoah or Switzer Dam

An afternoon session to learn basic paddle-strokes, partnering, and boat-handling skills (canoe and kayak) on flatwater, and enjoy some peaceful paddling in this beautiful setting. Bring and enjoy your bag lunch on the lake-bank afterwards. All technical gear and instruction is provided; a personal suggested clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be supplied by WILD GUYde Adventures after registration.

**Location: George Washington National Forest**

**City Res \$50 | Non Res \$55 | Ages 50+**

**#231302A1 | F | Jul 17 | 2:00pm - 5:00pm**

### Backcountry Navigation Clinic

An afternoon of learning and practicing map and compass skills out in the George Washington Ntl. Forest. For day-hikers, backpackers, mountain bikers, hunters, scout leaders, and anyone else who likes to wander off the beaten path. A personal clothing list, Medical Form/Participant Agreement, and driving directions to the activity meetup will be provided by WILD GUYde Adventures after registration.

**Location: George Washington National Forest**

**City Res \$32 | Non Res \$37 | Ages 50+**

**#231303A1 | Tu | Aug 18 | 1:00pm - 5:00pm**

# 50 & WISER

## SOCIAL

### Breakfast Club

Come start the day with friends, old and new. We will meet at different breakfast spots once a month at 9am. Please contact [Lynn.Hoy@harrisonburgva.gov](mailto:Lynn.Hoy@harrisonburgva.gov) if you are planning on attending by the Friday before. Everyone orders off the menu.

**Ages 50+**

**Jun 10 - Little Grill - 621 N Main Street. Harrisonburg**

**Jul 15- Drifters Cafe - 217 S Liberty St. Harrisonburg**

**Aug 5 - Magpie Diner - 85 W Gay St. Harrisonburg**

### Lunch Bunch

Looking for a good excuse to get out of the house? Looking for a place to meet friends, old and new? The Lunch Bunch meets on selected Thursdays at different area restaurants. Check your calendar and join us! Please register the Friday before so reservations can be made. All lunches are 11:15am - 1pm. Order off of the menu. Contact [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) to register.

**Ages 50+**

**Jun 18 - CrossKeys - 6011 E Timber Ridge Rd, Mt Crawford**

**Jul 23 - Munch - 122 S Main St. Harrisonburg**

**Aug 27 - Lil Gus's - 703 Dogwood Ave. Grottoes**

### Social Club

There are a lot of people ages 50+ looking for something to do in the evenings and on weekends. Let's get together and go to the movies, ball game, dinner or anything fun to socialize, get out of the house and meet new friends. Please contact Lynn Hoy by emailing [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) or calling 540-432-7799 to be notified of the upcoming event or fun activity we have planned.

## SOCIAL

### Book Club

Book club is about the enjoyment of reading, whether you are an occasional or avid reader. Books are chosen by the members of the club. Please join us to laugh, share wisdom, gain insight, and make new friends. Please read the book prior to the first Monday of the month.

Contact [Lynn.Hoy@HarrisonburgVA.gov](mailto:Lynn.Hoy@HarrisonburgVA.gov) to register.

**Location: Price Rotary Senior Center**

**Free| Ages 50+**

**First Monday of the month | Ongoing | 3:00pm - 5:00pm**

### Thursday Afternoon Games

Come to the Senior Center and play a variety of games including Mexican Train Dominoes, Sequence, and a variety of other games.

**Location: Price Rotary Senior Center**

**Free| Ages 50+**

**Th | Jun 4 - Aug 27 | 2:15pm - 4:00pm**

### Thursday Afternoon Bowling

Enjoy bowling in a relaxed atmosphere. Experienced or inexperienced bowlers are welcome. Bowl for 16 weeks. Fee includes 3 games, rental shoes, and rental ball. Even during a season we are always needing substitutions for teams each week - so just come and check us out.

New session starts May 7.

**Location: Valley Lanes**

**Ages 50+**

**Th | Ongoing | 12:30pm - 3:00pm**





CITY OF HARRISONBURG  
**PARKS  
& REC**

## SUMMER 2026

### GOLF

Come play the award-winning golf course voted as one of the top 25 underrated municipal golf courses in the United States by GOLF Magazine (June 2021).

## HERITAGE OAKS GOLF COURSE

### Rates & Hours

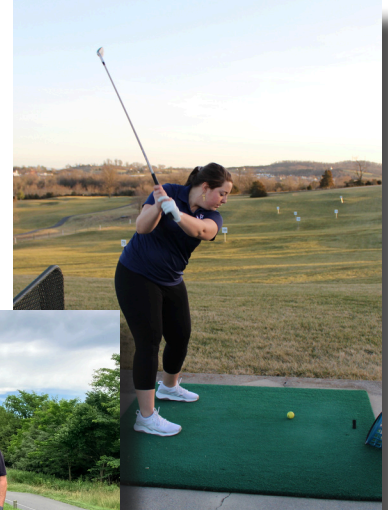
Visit [www.HeritageOaksGolfVA.com](http://www.HeritageOaksGolfVA.com)

### Programs, Leagues, Lessons

Several programs and leagues are offered throughout the year. We also offer lessons.

### First Tee

First Tee impacts the lives of young people by providing educational programs that build character, instill life-enhancing values and promote healthy choices through the game of golf. Visit [FirstTeeShenandoahValley.org](http://FirstTeeShenandoahValley.org) or call 540-437-4239 for more information.



## Heritage Oaks Registration & Information:

More information can be found at [www.HeritageOaksGolfVA.com](http://www.HeritageOaksGolfVA.com)

If you have questions please call 540-442-6502.

# REGISTRATION INFORMATION

## HOW DO I REGISTER?

### Register Online through WebTrac

To create an online WebTrac account please call us at 540-433-2474. Once your account is created, you can login to WebTrac to register for programs, classes, events, and shelter reservations. If you have any questions or issues regarding your account, call the Cecil F. Gilkerson Community Activities Center at 540-433-2474. For more information regarding program registration, visit [www.harrisonburgva.gov/Activities](http://www.harrisonburgva.gov/Activities).

### Register In-Person

Cecil F. Gilkerson Community Activities Center 305 S Dogwood Drive, Harrisonburg, VA 22801

Lucy F. Simms Continuing Education Center, 620 Simms Ave, Harrisonburg, VA 22802

Westover Pool, 305 S Dogwood Drive, Harrisonburg, VA 22801

### Shelter Reservations

Park shelter reservations are accepted on a first-come, first-served basis, and may be submitted online or in person at: Cecil F. Gilkerson Community Activities Center or the Lucy F. Simms Continuing Education Center. Park shelter reservations run April 13 - October 31. Only one permit is issued for the entire day from 10am-6pm for \$35. Shelter reservations are accepted up to 7 days in advance of reservation. For more information, please visit [www.harrisonburgva.gov/shelters](http://www.harrisonburgva.gov/shelters).

## PAYMENT DETAILS

### Payment Methods

CASH | CHECK | VISA | MASTERCARD | DISCOVER | AMERICAN EXPRESS | APPLE PAY

Make Checks Payable to: Department of Parks and Recreation

All returned checks are subject to a mandatory \$35 fee per City Code 4-1-37.

### Refund Policy

If a program is cancelled by the Harrisonburg Parks and Recreation, a refund for the full amount will be issued. Individual cancellations prior to the start of a class will receive a full refund minus a \$10 administrative fee for each class withdrawn. No refunds/credits will be issued on or after the first day of class. No refunds will be issued for less than \$10. Customer will receive a refund unless there is an existing household balance. In such a case, this refund will be directly applied as a credit to that balance. The complete refund policy can be found online at [www.HarrisonburgVA.gov/Activities](http://www.HarrisonburgVA.gov/Activities).

Refund Options

Household Credit | Check | Credit Card | No Cash Refunds

### Class Minimums

If classes do not meet minimums, they will be cancelled. Registered participants will be notified at least 3 business days before class is to begin. So, tell your friends! Make sure your class isn't cancelled.

### Disclaimer

This schedule of classes is published for information purposes only. We strive to produce the most accurate program guide possible. However, some program information may be subject to change. We will make every effort to notify participants of any changes.