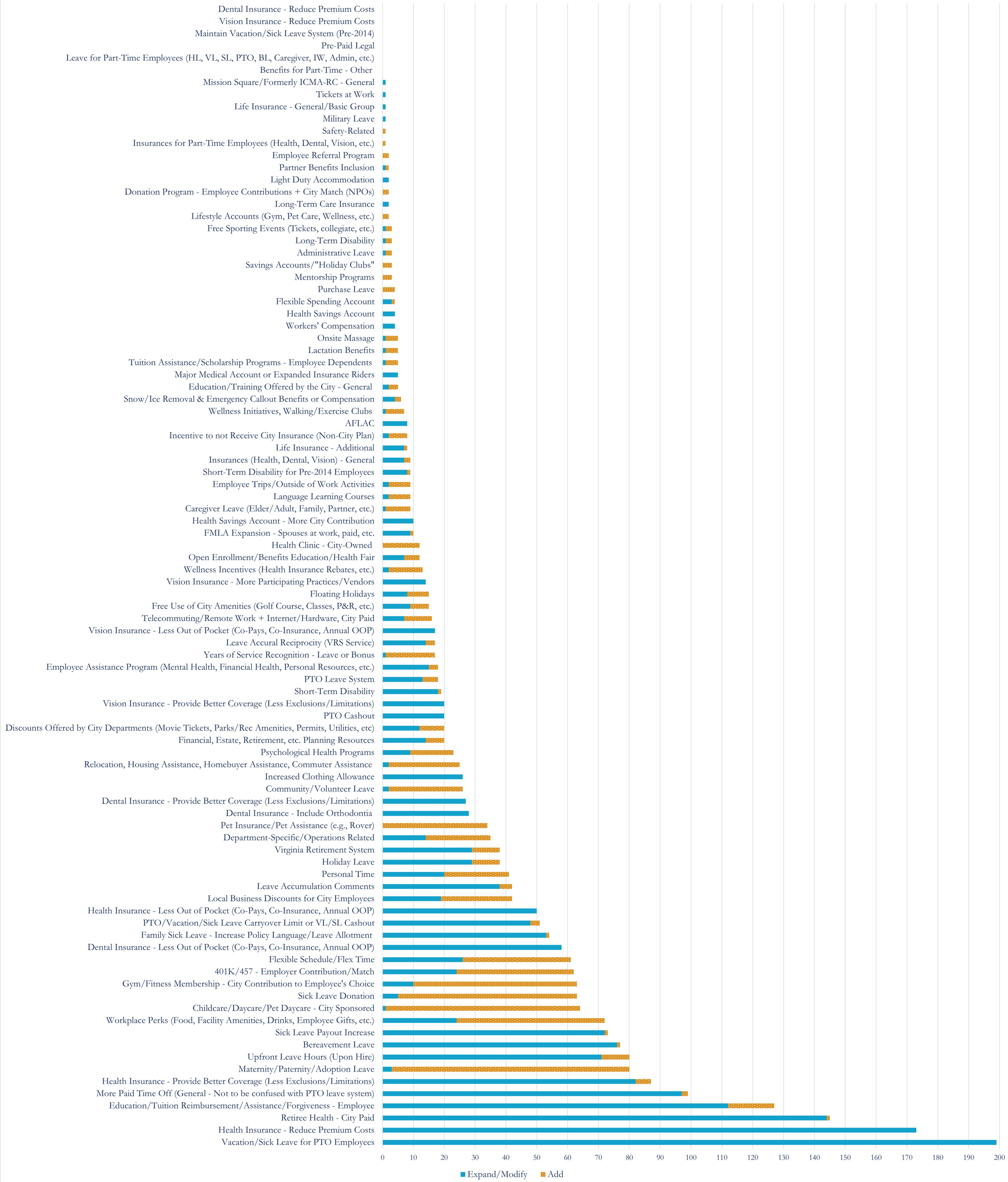ACTIVITY #3 LISTENING SESSION - EXPAND/MODIFY + ADD FREQUENCY