

Fall 2024 Aquatics

Harrisonburg Parks and Recreation is offering various aquatics opportunities this season at Westover Pool!

Our Fall Opportunities

Lap Swim & Recreational Swim

Reserve a lane for lap swim or just enjoy the water during our daily recreation swim hours, 12:00-7:00, until September 1 and Saturdays through the winter.

Swim Lessons

Group lessons will be offered in the mornings on Wednesdays, afternoons Monday-Thursday, and Saturdays!



Aquatics Registration & Information:

Registration must take place online at www.harrisonburgva.gov/program-registration or in-person at any recreation center. If you have questions please call 540-434-0571.

City Resident Registration August 12 | Non-Resident Registration August 26

WESTOVER POOL: Hours and Events

SWIM HOURS

Open swim and lap swim hours are available 7 days a week now through September 2! Please check www.HarrisonburgVA.gov/Swimming-Pool for more pool hours information.

Recreation Swim

August 20 - September 1*

Saturday and Sunday | 12:00pm - 7:00pm

*Staffing dependent

September 2 - November 26

Saturday | 12:00pm - 5:00pm

Dome Closure

Each fall, we take some time to get ready for our winter season by focusing on our dome and some maintenance projects.

Friday, September 20 - Monday, October 7

Pool Closures

Fall and Winter Holidays

Monday, October 14

Tuesday, November 5

Monday, November 11

Wednesday, November 27-Sunday, December 1

Sunday, December 22-Thursday, January 2

Lap Swim Hours

August 1 - September 2

Monday, Friday | 7:00am - 6:00pm

Tuesday, Thursday | 6:00am - 7:00am and 9:00am - 6:00pm

Wednesday | 6:00am - 7:00am and 12:00pm-6:00pm

Saturday - Sunday | 12:00pm - 5:00pm (one lane)

September 3 - September 20

Monday, Friday | 6:00am - 4:00pm

Tuesday, Thursday | 6:00am - 7:00am and 9:00am - 4:00pm

Wednesday | 6:00am - 6:00am and 12:00pm-4:00pm

Saturday | 12:00pm - 5:00pm (one lane)

October 7 - November 26

Monday, Friday | 6:00am - 4:00pm*

Tuesday, Thursday | 6:00am - 7:00am and 9:00am - 4:00pm*

Wednesday | 6:00am - 6:00am and 12:00pm-4:00pm*

Saturday | 12:00pm - 5:00pm (one lane)

*High School swim season begins 1st week of November, updated times will be announced via social media and the website.

Daily Admission Fee

Residents living inside the City limits will need to show proof of residency at time of entry.

Infant (Age 2 and Under) | Free

Children (Age 17 and Under) | City Res \$2 | Non Res \$4

Adult (Age 18+) | City Res \$3 | Non Res \$6

Capacity restrictions may be in place at management's discretion during Recreation Swim hours. Refunds will not be issued for weather related closures or other unexpected closures.

POOL EVENTS

Dive-In Movie

Join us for a family friendly, festive, dive-in movie night. Registration is required and space is limited.

City Residents 18+ \$3 | City Residents Under 18 \$2

Max Occupancy 30

#110950A2 | Fri | Oct 25 | 7:00-9:00pm



Shiver Me Timbers Pirate Plunge

Jump into the New Year! We will kick off 2025 with our 3rd Shiver Me Timbers Pirate Plunge! We are planning some snazzy swag so dress up, grab some friends and start your new year off fresh with a quick dip in our seasonally cool Olympic Pool. Refreshments will be available after the plunge!

City Residents \$20 | Non Residents \$40 | Adult (Age 14+)

#111130A1 | Wed | Jan 1 | 9:00am

Safety Corner: Classes and Programs

Thanks for a great Summer 2024! With thoughts of cooler temps, dome season is the perfect time to think about getting ready for next summer! We will be offering selections from our HBURG SWIMS program:

Parent/Tot Classes:

Hermit Crab: 6mos - 1.5 years, with parent/s

Barnacle: 1.5 years - 3 years, with parent/s (Fall '24)

PreK Classes

Unicorn Fish: 3 years - 5 years, non-swimmers (Fall '24)

Ray: 3 years - 5.5 years, water comfortable

Grouper: 3 years - 6 years, some swimming

Youth and Teen Classes:

Swordfish: 6 years - 9 years, non-swimmers (Fall '24)

Swordfish Teen: 11 years - 15 years, non swimmers (Fall '24)

Whale: 6 years - 10 years, water comfortable (Fall '24)

Individual: ages 3 and up, all levels

Whale Teen: 11 years - 15 years, water comfortable

Mako: 6 years - 11 years, swimmers (Fall '24)

Seal: 6 years - 12 years, confident swimmers

Dome season is also perfect for thinking about lifesaving courses. We offer several American Red Cross certification courses for aquatic professionals and are adding new community courses!

Check out this guide and the upcoming Winter/Spring activity guide for all the classes we have coming up!

WESTOVER POOL: Swim Lessons

Barnacle: Parent/Tot Level 2

Focusing on tots ages 1.5 - 3 years, with their parents, this level will work on early fundamental aquatic skills to prepare your child to venture into our group lessons. Swim diapers may be required. Lessons consist of 8, 30-minute classes.

Open to City Residents Aug 12 | Non Res Aug 26

City Residents \$25 | Non Res \$50

#311101A1 | Wed | Oct 16 - Dec 11 | 9:00am - 9:30am

#311101A2 | Wed | Oct 16 - Dec 11 | 9:45am - 10:15am

Swordfish: Youth Level 1

Non-swimming kids ages 6-10 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

Open to City Residents Aug 12

City Residents \$25

#311105A1 | Mon-Thur | Oct 21 - Oct 31 | 4:15pm - 4:45pm

#311105B1 | Sat | Oct 26 - Dec 21 | 11:15am - 11:45am

Whale: Youth Level 2

Students ages 6-10 with some group lesson experience, comfort in the water and the ability to swim on their front and back will focus on building more confidence and water safety while honing the skills to swim front and back crawl for 25 yards. Lessons consist of 8, 30-minute classes.

Open to City Residents Aug 12

City Residents \$25

#311106B1 | Sat | Oct 26 - Dec 14 | 9:45 - 10:15

Unicorn Fish: PreK Level 1

Ideal for beginner, non-swimmers ages 3-5, Unicorn Fish will work to master the following skills with assistance from an instructor: fundamental personal water safety skills, floating, water comfort and basic swimming. Lessons consist of 8, 30-minute classes.

Open to City Residents Aug 12

City Residents \$25

#311102A1 | Wed | Oct 16 - Dec 11 | 10:30am - 11:00am

#311102A2 | Wed | Oct 16 - Dec 11 | 11:15am - 11:45am

Mako: Youth Level 3

Mako is the best fit for kids ages 6-11 who can already swim the length of the pool and want to learn more about swimming. Mako participants will work on technique for front and back crawl, build endurance and get introduced to breaststroke, treading and personal safety. Additional skills taught will be based on participant abilities.

Open to City Residents Aug 12

City Residents \$25

#311107A1 | Mon - Thur | Oct 21 - Oct 31 | 4:15pm - 4:45pm

#311107B1 | Sat | Oct 26 - Dec 21 | 9:00am - 9:30am

Teen Swordfish: Teen Level 1

Non-swimming teens ages 11-15 will work to master the following skills in Swordfish: fundamental water safety, floating, moving in chest deep water and basic swimming. Lessons consist of 8, 30-minute classes.

Open to City Residents Aug 12

City Residents \$25

#311105TB1 | Sat | Oct 26 - Dec 21 | 10:30am - 11:00am

SWIM TRAINING AND CERTIFICATION COURSES

Masters Swimming

Swim team practice for adults 18+. Join to improve your swimming, technique, get in shape, or take your current workouts to the next level. Participants can come to as many practices as they choose per month. Practice will be held Tuesday - Thursday, 7am - 9am. Seasonal membership to Masters Swimming is required, no additional pool membership necessary.

Indoor Membership

City Res \$150 Non-Res \$300 | Ages 18+

#121107A1 | Tu, W, Th | 7:00am-9:00am (September - May)

Lifeguarding Recertification

This course is for currently certified American Red Cross lifeguards and instructors/trainers or those with an American Red Cross lifeguarding or LGI/IT certification expired for no more than 30 days. Review courses are one day classes and will cover r. 24 material. Email Michelle.Tucker@harrisonburgva.gov for more information.

Course Fee \$75 | Ages 15+

#331102A1 | Sun | Nov 17 | 8:00am - 6:30pm

Rock the River Challenge!

Keep your fitness on track and log your laps from October through April. You have roughly 150 days to hit your goal distance. Two rivers to choose from:

Easier: Roanoke River, 45 miles

Challenge: South Anna River, 102 miles

Extra Challenge: Both rivers for 147 miles!

Book your lane, get swimming and earn Rock the River swag!

Lap Swim or Membership Fees Apply | All Ages

Report lap counts to Michelle.Tucker@HarrisonburgVA.gov to get started!

Challenge begins Monday, October 7th and ends on Saturday, April 26th.

Community CPR

In this basic level CPR course, you will learn the essential skills to assist someone experiencing a sudden illness or injury. Successful completion of this 5 hour course includes a two-year certification in American Red Cross Adult and Pediatric First Aid, CPR/AED.

City Res \$40 | Ages 14+

#331105A1 | Sat | Nov 16 | 12:30pm-5:30pm