



RULES AND REGULATIONS FOR ALL DANCE CLASSES

(Please Read)

- **PARENTS:**

For all classes **parents** are asked to **sit in the waiting area** while their child's class is being conducted. Having parents sit in and observe creates a power struggle, which makes it extremely difficult for the instructor to facilitate their class successfully. Having parents sit in on class may cause a distraction with some students and may cause some children not to participate. Please remember that there is limited space in the Rec. Center's Dance studio. Classes usually consist of 8-14 students, adding spectators to this atmosphere is crowded and enclosed which creates a not so positive learning environment. This is stressful for both the student and the instructor! **Please understand that we want the child's attention to be on the instructor and the material that is being taught in class!**

Those parents who have a child that comes to class not wanting their parent to leave and begins crying, are encouraged to allow the instructor to handle the situation by handing their child over to the instructor. The crying and nonparticipation should only last about 15 to 20 minutes. If the crying persists or gets worse after this point, the parent may be asked in to take their child out for the remainder of the class time because of classroom distraction and or other children mimicking the behavior. **If this behavior becomes hysterical to where the instructor cannot facilitate their class successfully for the other students, the child may be pulled from class entirely! He or she may not be ready for a dance classroom environment and may want to try again at a later stage in his or her development.**

- **BATHROOM:**

All students are asked to use the bathroom **before** class. Children will not be allowed to leave class once it has started unless it is an emergency. The instructor cannot take the child to the bathroom while trying to conduct class nor does he or she want the child to go by themselves; therefore, **parents who have children 3-6 yrs are encouraged to stay in the waiting area (in eyes view of the dance classroom and instructor)** while class is being conducted, so if their child does have an emergency or needs to use the bathroom, the parent is right outside the door to take them. If older children have a bathroom emergency, they can go to the bathroom by themselves but should also go **before** class.

- **SICKNESS:**

If your child is sick with a temperature of 100 degrees or more, please do not bring them to class. Students may make up any missed classes by attending any other dance class offered in accordance to their level and age.

- **DRINKS and FOOD:**

Gum, candy, or food are **not** allowed in class. Students may bring in water bottles; however, if it becomes a distraction the instructor reserves the right to control the drinking period.

- **RULES and REINFORCEMENT:**

Parents should reinforce to their child any rules that the instructor puts forth in his or her classroom in order to create a fun and safe environment. There will be no running around the dance studio or children near the door while class is going on. When the child arrives he or she should sit in the center of the room with the other classmates until class begins. There will be no running out to the waiting area once the parent has left the studio. **If students are disrespectful, disruptive, or have difficulty following rules, the instructor has the right to enforce time out, have a discussion with the parent, and/or dismiss the student from participating further in the class.**

In departing, the door will open and students will be dismissed. **Please be on time when picking up your child. The instructor will not be responsible for your child once class time is finished. If you are to be late, instruct your child to sit in the waiting area and please inform Parks and Recreation!**

- **POSTED MATERIAL:**

Please read and abide by any written or posted material handed out through the year especially in the spring when the dance concert draws near. Parents and Adults are responsible for reading and following the material that is sent home and posted.

- **OBSERVING CLASS:**

Fall Semester: Parents and visitors are invited to come in and observe **the last 10 minutes of class on the last week of classes in the fall semester for a small demonstration (this is just for Discover Dance I through the Intermediate levels).**

Spring Semester: Within the **spring semester there is a spring dance concert at Harrisonburg High School**, the instructor will ask the parents to sit in the last 5 to 10 minutes of their child's class to discuss important dance concert and costume information.

Summer Session: During the **summer session, parents will be welcome to observe the last 5 to 10 minutes of the last class for a small demonstration (this is just for Discover I through the beginning levels).**

- **REGISTRATION:**

Students must re-register for each semester with the administrative office.

The dance schedule will be posted in the activity guide or online.

Call 433-2474

Visit <http://www.harrisonburgva.gov/activities> and <http://www.harrisonburgva.gov/dance>

- **Dance is a physical activity with risk of injury. The coordinator, instructors, Harrisonburg Parks and Recreation, or anyone working for or guest teaching for Harrisonburg Parks and Recreation will not be held responsible for injury occurring while attempting dance activity.**



Some basic rules to keep in mind:

- **Please do not wear street shoes while dancing on the floor!** Dance shoes, socks, or bare feet only!
- **There should be no running around the dance room before or after class!** Dancers should come in and sit with the instructor and other students in sharing circle as they come.
- **Please be on time when dropping off and picking up your child. The instructors are not responsible for students before or after their class.**
- **All students are asked to use the bathroom before class!** Children will not be allowed to leave class once it has started unless it is an emergency. **Parents who have children 3-6 yrs are encouraged to stay in the waiting area (in eyes view of the dance classroom and instructor)** while class is being conducted, so if their child does have an emergency or needs to use the bathroom, the parent is right outside the door to take them.
- **Within the younger stage of development, the students are just beginning to understand how their body moves through space. All the children are working on basic coordination skills (fine and gross) and are being introduced to movement through space.**
- **Movement, Ballet, and any dance form takes repetition in watching others and a lot of doing. It is not something that can be forced or accomplished with a few classes. It takes years of practice, patience, time, consistency, and appreciation. We believe that fun and the appreciation of movement have to come first.**

All parents and students are to abide by the rules and guidelines of the dance classroom that have been stated above. Guidelines and descriptions are posted on the dance bulletin board and the website and must be understood prior to entering the dance studio. If everyone works together to keep the above guidelines in place we will have a fun, positive, and exciting dance session! We look forward to working with everyone!

Thank you, Dance Faculty ☺



