



## Guidelines to Resumption of Play (Outdoor Facilities/Fields)

As Harrisonburg Parks and Recreation implements a return to outdoor facility and field usage, we are continuously monitoring guidelines provided by federal, state, local governments, and health officials in relation to COVID-19. Organizations requesting use of a Harrisonburg Parks and Recreation facility or field must review the attached guidelines and plan for adherence and enforcement during their usage.

These guidelines were updated on June 29, 2020. As these guidelines continue to change, Harrisonburg Parks and Recreation reserves the right to change these guidelines accordingly.

Applicants must complete all requested information including contact information for a primary and secondary Site Supervisor. A Site Supervisor must be on site for the duration of usage by the permitted organization is solely responsible for enforcement of the attached guidelines. Organizations are also required to submit with this a plan that details how adherence to these guidelines will be implemented and enforced.

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Organization and/or Individual Name: \_\_\_\_\_ Date: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Contact Email: \_\_\_\_\_

Primary Site Supervisor Name: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Secondary Site Supervisor Name: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Total Number of Individuals on Site (includes coaches/instructors, players, spectators, volunteers, etc.): \_\_\_\_\_

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Each organization/individual must submit a detailed Site Management Plan that clearly shows how they plan to comply with the attached stated guidelines. **Permits will not be issued without a Site Management Plan approved by the Harrisonburg Parks and Recreation.**

All liability insurance requirements naming the City of Harrisonburg that are stated in the Facility Use Policy apply to facility/field rentals. **Permits will not be issued without submission of the proper insurance documents.**

Each organization/individual must submit a schedule of activities, practices, or games to the Harrisonburg Parks and Recreation prior to a permit being issued.

The Harrisonburg Parks and Recreation reserves the right to revoke permits if the attached stated guidelines are not followed.

Harrisonburg Parks and Recreation staff shall perform periodic monitoring of facilities and fields to ensure guidelines are being met.

## **Checklist**

- Reviewed all the attached guidelines.
  - Provided an attached Site Management Plan.
  - Provided a detailed plan on how guidelines will be met.
  - Provided a copy of all liability insurance requirements naming the City of Harrisonburg as Additionally Insured.
  - Schedule of all activity, practice, and game times including breaks with sufficient time between activities to facilitate the complete evacuation of individuals from a previously scheduled activity from the premises before the next group enters. (Minimum of 20 minutes).
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The undersigned hereby acknowledges that a copy of the Resumption of Play Guidelines containing the steps required for the use of facilities owned and/or managed by the City of Harrisonburg Parks and Recreation Department has been received and read. The undersigned understands and agrees to abide by these guidelines set forth for the usage of the facility being rented.

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**Print Name of Authorized Signatory**

**Date**

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**Sign Name of Authorized Signatory**

**Title**

# How to Protect Yourself and Others

Print Resources Web Page: <https://www.cdc.gov/coronavirus/2019-ncov/communication/print-resources.html>

## Know how it spreads



- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- **The best way to prevent illness is to avoid being exposed to this virus.**
- The virus is thought to spread mainly from person-to-person.
  - » Between people who are in close contact with one another (within about 6 feet).
  - » Through respiratory droplets produced when an infected person coughs, sneezes or talks.
  - » These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
  - » Some recent studies have suggested that COVID-19 may be spread by people who are not showing symptoms.

## Everyone should

### Clean your hands often

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- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

### Avoid close contact

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- **Avoid close contact** with people who are sick.
- **Stay at home as much as possible.**
- **Put distance between yourself and other people.**
  - » Remember that some people without symptoms may be able to spread virus.
  - » This is especially important for **people who are at higher risk of getting very sick**. [www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html)



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[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

## Cover your mouth and nose with a cloth face cover when around others

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- **You could spread COVID-19 to others** even if you do not feel sick.
- **Everyone should wear a cloth face cover when they have to go out in public**, for example to the grocery store or to pick up other necessities.
  - » Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- **The cloth face cover is meant to protect other people** in case you are infected.
- Do **NOT** use a facemask meant for a healthcare worker.
- Continue to **keep about 6 feet between yourself and others**. The cloth face cover is not a substitute for social distancing.

## Cover coughs and sneezes

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- **If you are in a private setting and do not have on your cloth face covering, remember to always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

## Clean and disinfect

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- **Clean AND disinfect frequently touched surfaces** daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks. [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html](https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html)
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.

## **General Guidelines**

1. Users should provide handwashing stations and/or hand sanitizer or require individuals or families to provide their own for personal use.
2. All players, coaches, volunteers, contractors, and spectators should practice social distancing of 10 feet wherever possible from individuals not residing within their household, especially in common areas. Cloth face coverings are not a substitute for social distancing.
3. All individuals should measure their body temperatures prior to leaving their home to ensure that no fever is present prior to participating or attending in activity.

## **On-Field Guidelines**

### **Handshakes/Personal Contact Celebrations**

1. All players, coaches, volunteers, contractors, and spectators should plan to prevent all but essential contact necessary for activity. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
2. Players and families should vacate the facility/field as soon as reasonably possible after the conclusion of their activity to minimize unnecessary contact with individuals from the next scheduled activity. This should be a minimum of 20 minutes.

### **Drinks and Snacks**

1. All individuals should bring their own personal drinks to activities.
2. Following activity, all reusable drink containers should be cleaned upon returning to home, and prior to future usage.
3. There should be no shared use of food or beverages.

### **Personal Protective Equipment (PPE)**

1. All players, coaches, volunteers, contractors, and spectators should wear cloth face coverings when in close contact areas and in places where recommended social distancing is not feasible, such as bench areas.
2. Those participating in activities are permitted to wear a cloth face covering on the field during activity, if physically able to do so.
3. Cloth face coverings should not be placed on children under the age of 2.

### **Bench Areas**

1. Coaches, instructors, volunteers, and players should have assigned spots in bench areas, bleachers, or outside of the field of play. These spots should be at least 10 feet apart.
2. Coaches, instructors, volunteers, and players should wear a cloth face covering while in bench areas.

### **Player Equipment**

1. No personal equipment bags should be permitted in bench areas. Bags should be in above mentioned spots to prevent contact.
2. Individuals should have their own equipment.
3. Measures should be taken to avoid, or minimize, equipment sharing.
4. All surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA approved disinfectant against COVID-19 and allowed sufficient time to dry before use by another individual.
5. Individual's equipment should be cleaned and disinfected after each use by a parent/guardian.
6. Balls should be rotated through on a regular basis to limit individual contact.

7. Officials, umpires, coaches, instructors, volunteers, etc. should limit their contact with balls. Participants should retrieve balls that are out of play.
8. Warm-up balls, or balls used prior to the start of activity, should be isolated from shared-use equipment.
9. Spectators should not retrieve balls that have exited the field of play.

## **Activity Operations and Official Guidelines**

### **Pre-Game Meetings**

1. If possible, pre-game meetings should be eliminated.
2. If meetings are necessary, social distancing should be enforced.
3. Meetings should consist of as few individuals as possible (one representative per team, and one official).
4. Individuals should wear cloth face coverings during the meeting.

### **Equipment Inspections**

1. If equipment inspections are required, players should place their individual equipment in a well-spaced out manner.
2. Officials should avoid direct contact with equipment if possible.

### **Volunteer Limit**

1. For each game, there should only be the required team managers/coaches, umpires/officials, and one league administrator (when applicable) in attendance.
2. Practices should be limited to only managers/coaches and players.

### **Field Preparation and Maintenance**

1. Fields should be prepared prior to teams and spectators arriving.
2. Any further maintenance should then be completed at the conclusion of activities.
3. Any shared field preparation equipment should be sprayed or wiped with cleaner and disinfectant before and after each use.

### **Umpires/Officials**

1. Umpires/officials should wear cloth face coverings and protective gloves, and practice social distancing.
2. For baseball/softball placement, umpires should be placed behind the pitcher's mound/circle to call balls and strikes.

## **Facility, Fan, and Administrative Guidelines**

### **Scheduling of Activities**

1. Organizers or administrators should schedule sufficient time between activities to facilitate the complete evacuation of individuals from a previously scheduled activity from the premises before the next group enters. This should be a minimum of 20 minutes.
2. Players/families/spectators should be instructed not to show up to facilities or fields more than 40 minutes before the start time.
3. Where possible, individuals should enter through one point of entry and exit through another.
4. If there is an activity prior to the scheduled event, families and spectators should stay in their vehicles or at recommended social distances until the start of their activity to prevent overcrowding in spaces and walkways.
5. Activities should have no more than 50 people gathered at one facility or field. This includes spectators.
6. Pre and post activity gatherings (i.e. parking lot gatherings) should be eliminated.

## Limiting Spectator Attendance

1. All spectators should follow best social distancing practices – stay 10 feet from individuals outside of their household, and wear cloth face coverings.
2. Users should minimize the exposure risk by limiting attendance to only essential volunteers, and limited family members.
3. Spectators should bring their own seating or portable chairs when possible.
4. Spectators with any of the following conditions should not attend activities until cleared by a medical provider:
  - a. Active COVID-19 infection
  - b. Known direct contact with an individual testing positive for COVID-19
  - c. Fever
  - d. Cough
  - e. Individuals at high risk for severe disease should consider contacting their medical provider prior to attending any activities. This includes individuals who:
    - i. Have a serious underlying medical condition
    - ii. Currently are residing in a nursing home or long-term care facility
    - iii. Over the age of 65

## Restrooms

1. Access to public restrooms will not be available at this time.
2. Public water fountains or refill stations will not be available.

## Communication

1. Posters and signage of CDC guidelines (similar to those on page 1 and 2) will be posted at entrance points to parks, facilities, and/or fields that are available for rent.
2. Users should disseminate information to all families, volunteers, spectators about COVID-19 risks and the efforts that are being taken to mitigate those risks. This should be done via email, website postings, social media, coach/volunteer talks, and public announcements (when available).